

Day Adventure Program

Day programs can still make a big impact without the costs associated with an overnight stay. The inside Out experience can be located close to your organization at a park, camp or national forest. Below is a program located at a park. It is a 2-day experience and the school uses their buses to drop off and pick up each day.

Day 1:

6:45am Depart from Meeting Area

7:30 Staff at Paris Mt.

8:45 Group arrives, introductions, opening activity—Hand Contract

9:20-10:20 Activity #1 **snack at end of this rotation (10 min built in)

Group A: Team I-

Group B: Fire-

Group C: shelter-

Group D: Team III-

Group E: Discovery-

Group F: Team IV-

10:25 – 11:15 Activity #2

Group A: Fire-

Group B: Team I-

Group C: Team III-

Group D: Discovery-

Group E: Team IV-

Group F: Shelter-

11:20 – 12:10 Activity #3 At end of activity: TEAM BOARD 15 min

Group A: Fire-

Group B: Team III-

Group C: Discovery-

Group D: Team IV-

Group E: Shelter-

Group F: Team I-

12:10- 12:25 Team Board

12:30 – 1:00 Lunch

1:05 – 1:55 Activity #4

Group A: Team III-

Group B: Discovery-

Group C: Team IV-

Group D: Shelter-

Group E: Team I-

Group F: Fire-

1:55- 2:10 End activity and walk students to bus. Students need to be on the bus by 2:10!

Gear inventory / Staff depart

Day 2: the groups continue to rotate through the activities. All groups go through the 6 activities.